

Renew Active™ by UnitedHealthcare



Renew Active by UnitedHealthcare Fitness for body and mind

Renew Active is a fitness program for body and mind designed for members and their goals. Available with select UnitedHealthcare Medicare Advantage plans, at no additional cost to members.¹



WHY RENEW ACTIVE?

- It's available at no additional cost to members with select UnitedHealthcare Medicare Advantage plans.¹
- Standard membership includes access to participating fitness locations – local and national options.
- Members can stay active with an extensive group of participating fitness locations.
- A fitness orientation to get you started toward meeting your fitness-related goals.
- Members can keep their minds active with online brain exercises and activities.
- Earn rewards for completing certain health care activities.²

ADVANTAGES FOR MEMBERS

- **Integration:** Renew Active offers an enhanced member experience through additional UnitedHealthcare health and wellness programs and related products.
- **Access:** It's available to members in select eligible plans through a network of facilities in 23 states.
- **Innovation:** Renew Active includes fun and engaging brain exercises that may help keep the mind active as well as the body.
- **Guidance:** To get started, members receive an in-person fitness orientation at select participating fitness locations.
- **Convenience:**
 - There's a dedicated website focused on helping members stay more active.
 - Members get support through UHC Advocates.
 - With Renew Active, a separate ID card is not needed. Members can easily visit myrenewactive.com or call the Customer Service number on the back of their plan ID card to obtain a confirmation code for use at participating fitness locations and access to online brain activities.



1. Renew Active is not a standard benefit available on all plans. Some plans require the purchase of an additional fitness rider.

2. Members in certain plans with the Renew Active benefit will be eligible to receive rewards as part of the Renew Rewards program. Not all plans with Renew Active will have reward offers tied to Renew Rewards.